

## **FOR IMMEDIATE RELEASE**

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### **Gallop at the Grove Announces: 3<sup>rd</sup> Annual 5K Run and 1K Fun Run on Sunday May 23, 2010**

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**Golden, CO – (March 01, 2009)** – On Sunday morning, May 23, 2010 the Maple Grove Elementary School PTA will be holding its third annual 5K race event – “Gallop at the Grove.” Proceeds from the event benefit many important programs that Maple Grove Elementary School PTA funds for the students and school.

Gallop at the Grove will be a morning of fun and fitness for individuals, students, and families throughout the community. The event mission is to encourage physical fitness and sportsmanship and foster a personal commitment to community. Emmy Award Winning Channel 4 Sportscaster Vic Lombardi will be on hand as the celebrity race announcer.

“Last year we exceeded our expectations with more than 400 participants and strong sponsorship.” noted Naomi Graveling, Race Co-Chair. “Our hope is that participating in a tradition like the Gallop at the Grove inspires children to make a life-long commitment to physical activity.”

Last year’s event was a huge success and received accolades from the local running community. “The Gallop at the Grove is a fun family event with a fast course for the racers,” noted Vic Lombardi. Organizers hope the race will not only serve as a great community building activity for the school, but will also be a great, fast course for local road runners.

The 5K race course will start adjacent to the school and make its way through the beautiful Applewood neighborhood. There will also be a 1K fun run for kids, a drawing, and prizes. In addition to race day activities, there will also be a weekly running program that gives students and their families an opportunity to train for the event. Many of the race volunteers are students from local middle and high schools.

The organizers of the race would also like to thank their 2010 Corporate Sponsors – I-9 Sports, First Bank, Applewood Plumbing Heating and Electric, Bellco Credit Union, Banks Insurance Agency, Chapman Orthodontics, Chipotle Mexican Grill, Northstar Business Systems, Remax, Schulhoff Tree and Lawn Care, Colorado Taekwando Institute.

#### **About Maple Grove Elementary School PTA**

The PTA at Maple Grove Elementary school is made up of parents, teachers and other volunteers who support a variety of programs and activities at the school. Maple Grove Elementary is a Jefferson County Public School acknowledged as a Blue Ribbon School, and a recipient of Colorado’s John Irwin School of Excellence Award. Please see [www.maplegrove-pta.org](http://www.maplegrove-pta.org) for more information.

The Gallop at the Grove will be held at Maple Grove Elementary School on Sunday, May 23, 2010. To register visit [www.gallopatthegrove.com](http://www.gallopatthegrove.com)